

# In the Footsteps of the Goddess

Itinerary, September 18 - 30, 2008

## **DAY 1: Thursday, September 18th**

Depart NY Kennedy Airport or Newark for nonstop flight to Athens

## **DAY 2: Friday, September 19th, Santorini**

Arrive Athens mid-morning. Transfer to Aegean Air 1 pm flight to Santorini. Transfer from airport to Hotel Alta Mara in Oia.



Stroll through old town in early evening followed by sunset viewing and welcome dinner at one of the lovely restaurants overlooking the sea.

## **DAY 3: Saturday, September 20th, Santorini**

Breakfast at hotel. Morning orientation and official beginning of Astro-Dream-Myth Program with Arielle and introduction to the Minoan Goddesses. Afternoon free to stroll throughout Santorini or rest. Group dinner.

## **DAY 4: Sunday, September 21st, Santorini**

Breakfast at hotel. Shuttle or taxi to one of Santorini's nice beach areas, or spend free time this final morning in Oia. Afternoon hydrofoil to arrive in Crete early evening. Check-in to Hotel Lato.

## **DAY 5: Monday, September 22nd, Crete (Heraklion)**

Breakfast at hotel. Morning Astro-Dream-Myth program with Arielle, and group lunch following. Afternoon excursion to Crete's fabulous Minoan Palace of Knossos where we have a guided tour of the site and will celebrate the Autumnal Equinox of 2008.

## **DAY 6: Tuesday, September 23rd, Crete (Heraklion)**

Breakfast at hotel. Brief discussion of goddess culture on Crete with a visit to view the treasures of the Minoan period at the Archaeological Museum in Heraklion, a guided tour through this fabulous museum. (Note: Portion is closed for expansion project). Group lunch near museum. Afternoon free to explore the harbor, old town or the nearby beaches. Overnight Hotel Lato.



## **DAY 7: Wednesday, September 24th, Crete (Loutro)**

Breakfast at Hotel Lato. Morning departure, minibus transfer from Heraklion to Sfakia and boat to Loutro. Check in to Hotel Loutro (In 9/24 Out 9/29). Arrive Loutro late afternoon.

Check into hotel and relax. Evening program and ceremony to begin to "incubate" dreaming.

## **DAY 8: Thursday, September 25th, Crete (Loutro)**

Breakfast at hotel. Morning dream discussion. Afternoon free for hiking, swimming, boating or personal astrological session with Arielle. There are many options on the southern shore of Crete as far as things to do, but the beauty of Loutro is doing NOTHING — just soaking up the splendid tranquility of the place. This is time for journaling, painting, writing, reading or sleeping.

## **DAY 9: Friday, September 26th, Crete (Loutro)**

Breakfast at hotel. Morning dream discussion. Afternoon options (see Day 8).



## **DAY 10: Saturday, September 27th, Crete (Loutro)**

Breakfast at hotel. Boat to Aghios Roumeli for a walk into the lower portion of the Samaria Gorge. (Bring good hiking shoes for this). Lunch

in one of the seaside cafes at Roumeli. Boat back to Loutro late afternoon/early evening.

## **DAY 11: Sunday, September 28th, Crete (Loutro)**

Breakfast at hotel. Morning dream discussion. Afternoon options (see Day 8). Last night in Loutro. Ceremony for the New Moon either tonight or early tomorrow morning.

## **DAY 12: Monday, September 29th, Crete (Chania)**

Short Libra New Moon Ceremony before breakfast. Then board ferry for Sfakia and minibus to Chania. Arrive Chania Hotel Doma in old town area. Farewell Dinner in old town. Stroll around Chania's wonderful shops and markets.

## **DAY 13: Tuesday, September 30th**

Check out of hotel after breakfast. Aegean Air 7 am to Athens airport to connect with U.S. flight to NY or Newark. (Some of you may opt to stay in Crete more days; some of you may opt to stay in Athens more days; others will be boarding flight bound for U.S. today). For those who wish to stay longer, personal tours, transportation and accommodations may be arranged through our travel agent in Greece. Arielle will also be able to assist you in your planning, based on certain myths and goddess sites of interest in your current curriculum.